

The Bernards Township Municipal Alliance presents:

SCREEN AGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

A Documentary Screening & Parent Presentation

High stress, anxiety and depression are experienced by millions of young people. We follow physician and filmmaker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age.

WHEN: Thursday, January 23, 2020
Movie at 6:30 pm -
Presentation to follow

WHERE: Ridge High School PAC
268 South Finley Ave.,
Basking Ridge, NJ 07920

TICKETS: FREE! Reserve your seat at:
<https://tinyurl.com/yy8a83of>
or scan QR code



Scan Me!

MORE INFO: Visit www.bernardsalliance.org



Promoting Public Health
Bernards Township Health Department

Bernards Township
Municipal Alliance
Against Substance Abuse

 **GCADA** Governor's Council on
ALCOHOLISM & DRUG ABUSE

